

## **Core Curriculum**

Based on our experience these classes have proven to be successful in recovery

### **Classes Taught for Overcoming Addiction and Preventing Relapse**

- The Bible
- Christ-centered 12 Step Program (Conquering Chemical Dependency)
- Relapse Prevention
- Mountain Movers
- Power Over Addiction
- Boundaries
- Battlefield of the Mind
- Bondage Breakers
- Changes that Heal
- Safe People

### **Classes Taught for Personal Growth**

- Anger Management
- Parenting
- Purpose Driven Life
- Conflict Resolution
- Financial Management
- Anti-Theft course if required by court
- The Search for Significance
- Nutrition

### **Classes Taught for Spiritual Growth**

- 2/7 Navigator series
- Armor of God
- Secrets of the Vine
- Victory over the Darkness
- Discerning the Voice of God
- One in a Million
- Names of God
- Purpose Driven Life
- Captivating
- War for the Soul
- Becoming a Woman Whose God is Enough
- How to Study Your Bible
- The Sacred Romance
- As Silver Refined
- Tramp for the Lord
- Hinds Feet on High Place
- Numerous books of the Bible



#### Potential Charis House Client:

The word "Charis" in the Greek means grace, favor, and kindness. Charis House is a Christian-based residential substance abuse recovery program for females. Charis House provides a home-like setting.

Participation in this program is a privilege and requires accountability, responsibility, and discipline. It requires willingness to change and to adhere to a controlled, strict, and disciplined environment in order to bring about a life-changing experience. We emphasize the importance of serious commitment and accountability.

If you are serious about your recovery and are willing to abide by the strict rules and guidelines required in this program, review the information below. If you meet the criteria, you may request a New Client Packet for completion and submission. *This list may not include all requirements and criteria for admission.*

#### **Potential Clients for this Program:**

- Cannot be pregnant;
- Cannot be taking medications that are administered with a needle;
- Cannot have medical issues which would hinder full participation in a very structured, busy program, or that require regular physician monitoring, or hinder sleeping on a top bunk bed (ALL clients must be able to sleep on a top bunk);
- Cannot be taking mood-altering substances, substances that require medical monitoring of any type, or substances that would be inadvisable in recovery due to addictive propensities (i.e. opiates, muscle relaxers, or other narcotic substances);
- Cannot have mental illness that would interfere with the ability to grasp recovery concepts, would hinder others' recovery, or whose risk would require one-on-one staff monitoring or medical monitoring;
- Cannot have outstanding warrants, excessive unresolved legal issues, (i.e. excessive court dates or legal appointments pending), be on Community Control or House Arrest, or be ordered by the court to attend other programs;
- Must be able to participate in the busy, daily, structured schedule required of Charis House clients;
- Must be able to physically and mentally participate in the work therapy/volunteer component of the program;
- Must be committed to completing a 12 month program with an evaluation at 90 days to assess progress toward completion;
- Must consent to releasing confidential information to the Charis House Program/Director;
- Must be able to pay program entry fees as required;
- Must be willing to adhere to strict program guidelines, including interactions with approved family members.

If you meet these criteria and believe you are a candidate for this program, please request a New Client Packet, by calling 850-475-1116 or coming by the Ministry Village at Olive office, located at 1830 E. Olive Rd, Pensacola, Florida.